

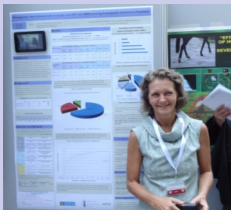
# SWAZILAND HOMEOPATHY PROJECT

## NEWSLETTER      DECEMBER 2015

This year SHP also published a peer reviewed article in Homeopathic Heritage Journal –Vol 41– 1, April 2015



and in June 2015 presented a poster abstract at the 2nd HRI International Homeopathy Research Conference in Rome.



## Our new centre is almost complete

In June this year we began construction of Ekuphileni Wellness Centre as the new home for the Swaziland Homeopathy Project.

This was made possible by the many generous donations received from all around the world. We would like to **thank you** all again for your fantastic support.

The new centre has 5 consulting rooms available for practitioners of a wide variety of therapies including Homeopathy, Traditional Chinese Medicine and Acupuncture, Osteopathy, Craniosacral Therapy, Massage, Reflexology and Aromatherapy. An organic produce market will be held monthly and demonstrations on health related topics will be hosted.

In addition there is a space for Tai chi, yoga and meditation and the centre will be used to facilitate short courses on homeopathic first aid, homeopathy for children and an introductory homeopathy course as well as training in other therapies .



## Clinics

As SHP enters its ninth year over 8 000 patients have been recorded on the project database. Clinics continue

with the welfare programs of Gone Rural Bo-make, Tint-saba and Coral Stephens weaving as well as those requested by communities.

The Swazi homeopaths now run 14 monthly outreach clinics in their own Zamimphilo community clinic program. The aim is to make these clinics sustainable, however the rising cost of fuel and motor vehicle maintenance elevates the costs and these outreach clinics still need to be subsidized.

## Sponsor a clinic

A monthly donation of £20 goes a long way. Help us by joining our sponsor a clinic program. For more details email:

**[bjb@africaonline.co.sz](mailto:bjb@africaonline.co.sz)**  
*In the UK gift aid is available*

## Cultivation of endangered medicinal plants.

In 2016 SHP will embark on a exciting new project to address the urgent problem of the extinction of two very important indigenous medicinal plants in Swaziland.

We will be doing this through a two pronged approach working with medicinal plant traders, nurseries, the Swaziland National Trust Commission and private

reserves and individuals.

This project will involve a cultivation program, the development of tinctures and homeopathic remedies well as introductory homeopathy training.

Standardized provings will be carried out and the development of a materia medica for each remedy.

Over time it is hoped that this will create an alternative to the use of large amounts of plant material and relieve the pressure on the endangered species.

## Special thanks:

To **sahee** foundation whose continued support has ensured the project's success.

## Wishing you the very best for 2016

For more information please visit our website  
<http://www.kbraunweb.com/homeopathyproject>

